



**LOCAL 1031, AFL-CIO**  
**Communications Workers of America**  
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John E. Rose  
*President*  
Kathleen Hernandez  
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*Secretary-Treasurer*

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Dear Union Member:

In our continued effort to expand the services available to our members, we are now able to offer **Membership Assistance Services for you and your family members from *Healthcare Assistance with Member Support* at no charge.**

If you or family members need assistance with stress, mental health or substance addiction, totally confidential help is available by calling 1-888-828-7826. *Healthcare Assistance with Member Support* is your personal referral service for union members. Terry Livorsi is a certified member assistance counselor we have identified to help our members seeking compassionate inpatient or outpatient quality care and counseling. Call for confidential consultation if you or your loved ones have one or more of these problems:

- |   |   |
|---|---|
| <input type="checkbox"/> <i>Drug and alcohol dependence</i> | <input type="checkbox"/> <i>Concentration difficulties</i>                |
| <input type="checkbox"/> <i>Stress related conditions</i>   | <input type="checkbox"/> <i>Adolescent problems</i>                       |
| <input type="checkbox"/> <i>Sleeplessness</i>               | <input type="checkbox"/> <i>Family problems</i>                           |
| <input type="checkbox"/> <i>Addictions of all kinds</i>     | <input type="checkbox"/> <i>Job stress</i>                                |
| <input type="checkbox"/> <i>Explosive anger</i>             | <input type="checkbox"/> <i>Relationship problems</i>                     |
| <input type="checkbox"/> <i>Low energy</i>                  | <input type="checkbox"/> <i>Job discipline problems related to health</i> |

*Healthcare Assistance with Member Support* can help you remedy unmanageable problems at home, at the work place, within your family or with important relationships. Doorstep service is available to help you with clinical interventions: to find treatment, to obtain medical documentation, to obtain assistance with employment discipline and to support you when you need patient advocacy for health benefits, sick leave or disability requirements.

Association members find Terry to be a very helpful service provider and resourceful friend.

Sincerely,

**John Rose**  
President

*For more information visit [www.UnionSupport.org](http://www.UnionSupport.org)*